

Whitney Lavender

Ms. Wheelchair Tennessee 2026 • Author of Whit & Wheels • Host of Whit's Grit the Podcast

Double above-knee amputee , CRPS Warrior, and passionate advocate for accessibility, resilience, and proving what's possible.

WHAT I OFFER:

- Motivational Keynotes & Speaking
- Book Readings & Signings - Whit & Wheels
- Disability Advocacy & Inclusion Talks
- Empowerment Events & Panels
- Adaptive Jiu-Jitsu Workshops & Demos
- Accessibility Training & Corporate DEI



Whitney Lavender, Ms. Wheelchair Tennessee 2026, is an author, motivational speaker, podcast host, business owner, and advocate committed to sharing her story of overcoming remarkable odds through martial arts, hunting, and community engagement. As a bilateral above-knee amputee living with Complex Regional Pain Syndrome (CRPS), Whitney founded Roll Without Limits: Adaptive Martial Arts for All. Her mission is simple: motivate people to push themselves beyond their limits and prove that everything is OVERCOMABLE.



Living Proof That Everything is OVERCOMABLE

Whitney Lavender

Ms. Wheelchair Tennessee 2026 • Author of Whit & Wheels • Host of Whit's Grit the Podcast

Service	Rate	Details
Virtual Keynote (45–60 min)	\$2,000 – \$3,000	Includes Q&A and recording rights
In-Person Keynote (45–75 min)	\$3,500 – \$5,500	Local (TN & driving distance) starts at \$3,500 National: \$5,000+
Adaptive Jiu-Jitsu Workshop / Demo	\$1,500 – \$2,500	Hands-on or demonstration format
Half-Day Empowerment Workshop	\$2,500 – \$4,000	Custom topic + interactive activities
Book Reading + Signing	\$750 – \$1,500	Bundles beautifully with any keynote
Panel Discussion / Moderator	\$1,000 – \$2,000	Disability inclusion & resilience
Corporate Empowerment Sessions	Custom Quote	Tailored for your team

Flexible Pricing:

- Prices are negotiable.
- Discounts are available for nonprofits, schools, accessibility organizations, and bundled services (e.g., keynote + workshop or book reading).

Let's Work Together:

Open to speaking engagements, workshops, panels, collaborations, sponsorships, and media opportunities.

What's Included in Every Booking:

- Pre-event planning call
- Custom talk title & content
- Promotional graphics & full bio
- Digital resources for your audience

Travel Policy:

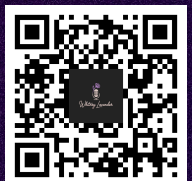
- Driving distance (within 4 hours of Tennessee): No travel fee
- National / flights: Airfare, hotel, and ground transport billed at cost

Booking Process:

1. Email: whit@whitneylavender.com
2. 30-minute discovery call
3. Custom proposal + contract
4. 50% deposit to secure your date

Contact Info:

✉ whit@whitneylavender.com
☎ (806) 340-4873
🌐 www.whitneylavender.com



Living Proof That Everything is **OVERCOMABLE**